

## **Blessed Sacrament Core Team Covenant**

I, \_\_\_\_\_, am honored to serve in this Youth Ministry. We serve teens by building Christian friendships with them and leading them, by example, into a deeper relationship with Jesus Christ. I understand that much is asked of me including the following:

### **COMMITMENT TO MY RELATIONSHIP WITH GOD & CHURCH**

- I will develop my personal relationship with God through Prayer and the Sacraments. I understand that Youth Ministry is very challenging and I will succeed only by the grace of God through prayer.
  
- I will abide by the teachings of the Catholic Church. Because I am a representative of the Church, I will actively study to understand the teachings of the Church, especially if I have an issue with a certain Catholic teaching. I will pray for wisdom and obedience in seeking the truth. If a teen shares a Catholic teaching concern with me, I will invite them to explore the true Catholic teaching with me.
  
- I will attend Sunday Mass weekly.
  
- I will pursue the Sacrament of Reconciliation regularly and especially before receiving the Eucharist when conscious of grave sin.
  
- I will strive for an active relationship with God through daily prayer, Scripture, etc.

As a Core Member, I understand that I am called to live a Christ-like life above and beyond my peer group. There are sacrifices that we make because of our love for God and neighbor. These are an effort to reduce scandal and our desire to serve teens by role-modeling the Christian life:

- I will not abuse alcohol or talk about alcohol with/in front of teenagers.
  
- I will not drink with any teens.
  
- I will not use illegal drugs.
  
- I will not smoke at any Life Teen functions and will never smoke with teens.
  
- I will live chastely in my romantic relationships. If I am in a relationship, I will not cohabit or spend the night with my significant other/romantic relationship before marriage.

### **COMMITMENT TO CORE**

- I will develop Christian relationships with all the members of our Core Team, knowing that the teens will model the relationships that they see and experience with the Core. I am committed to living relationships of compassion, patience, forgiveness, reconciliation, service and charity.

- I will seek opportunities to do teen contact ministry with other Core members – especially Core that I do not know well.
- I will go out of my way to be welcoming to people who are checking out Core. I will introduce myself to new people and invite them to participate with me in ministering to teens.
- I understand the importance of our Core team functioning as a unified team, a model family of God. If I have a conflict with another Core member, either personally or in ministry, I will lovingly confront that Core member individually. If I cannot resolve the conflict one-on-one, then I will bring my concern to the Youth Minister.
- If I am unable to attend a meeting or I am going to be late, I will call the Youth Minister as early as possible.
- I will make every effort to attend spiritual and social gatherings for the Core team including the yearly Core retreat.

## **COMMITMENT TO TEENS**

- I will develop Christian relationships with high school teenagers. All my relationships with teens will be Christ-centered and above question.
- I will make outreach to new teens a priority in my ministry. At all times I will be developing new relationships with teens and fostering old ones.
- I will actively seek opportunities to pray with friends, teens, and other Core members.
- In the area of crisis intervention, if a teen shares something with me where the teen or someone else may be in danger of being hurt, then I will let the teen know of my obligation to tell the Youth Minister and go straight to the Youth Minister. If I am not sure, then I will tell the Youth Minister.
- The function of Life Nights to provide a safe environment for teens to explore their faith, grow in community, and fall more deeply in love with Christ. It is vital that we as Core give these nights the time and energy that the teens deserve. **As part of my commitment to the teens, I will attend at least three out of the four Life Nights per month.** I will do my best to be a team player.
- Before the night begins, and after the night is over, I will mingle with teens and introduce myself to those I don't know. I will seek out the teens who look disconnected or alone.
- I will help clean up after each Life Night.

## **OUTSIDE MINISTRY**

The power of invitation is important; if you are planning to come to a weekly teen event, take some time and invite teens that usually don't come.

## **DISCIPLINING TEENS**

Disciplining teens is one of the most difficult things that we do because we do not want to be parental or authoritarian. The best scenario in disciplining a teen is to have a good relationship with them and to address the issue with the teen individually. If these conditions cannot be met, I will do my best as a representative of the Church to lovingly redirect the energies of the teen(s).

## **RETREATS/TRAINING**

I will attend retreats, trainings, and overnight events as my schedule allows.

In response to my baptismal call, I commit to serving the teens as a Core Member for the coming academic year. If my commitment changes before the end of the year, I will meet with the Youth Minister to discuss my position.

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Signature

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Date

Jesus, I love you and want to be more like you. Please give me the grace this year to keep my commitments, I can do all things in Christ who strengthens me. - Phil 4:13

Mary, our loving mother, pray for us.